

World Breastfeeding Week

AUGUST 1-7, 2023

Family Health Center of Worcester and WIC are throwing a breastfeeding bash! Join us for free support sessions, access to lactation consultants, and a chance to win some awesome prizes.

AUG 1, 2023

Tuesday

Welcome Day

- Roundtable Discussion
- Breastfeeding story sharing
- Fun, educational games

 26 QUEEN STREET, GROUND FLR
CONFERENCE ROOM 1

AUG 2, 2023

Wednesday

One-on-One & Group Sessions

- Get educated on:
- Latching, Pumping, Sizing flange
- Positioning for feeding


 18 CHESTNUT STREET, WALNUT
WING CONFERENCE CENTER

AUG 3, 2023

Thursday

Breastfeeding Class

- 10:00AM | English
- 11:30AM | Spanish
- 01:30PM | Portuguese
- 03:00PM | Twi

 18 CHESTNUT STREET, WALNUT
WING CONFERENCE CENTER

AUG 4, 2023

Friday

Lactation Support

- IBCLC Lactation Q&A
- One-on-One Sessions
- Breastfeeding story sharing
- Fun and Games!

 26 QUEEN STREET, GROUND FLR
CONFERENCE ROOM 1

AUG 7, 2023

Monday

Wrap Up Day

- Q&A Session
- BabyCafe Information
- Help and Resources

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ADDITIONAL INFORMATION

BROUGHT TO YOU BY



Family Health Center
of Worcester



Scan for resources!

